

March 30, 2015

Sun Devils are Well Devils



Well Devils – Communicate About Consent

Healthy relationships start with respect. Communicating about consent is an important component of respect. Be sure to have verbal consent before engaging in any sexual acts. Sexual violence is sexual contact without consent. Learn more at <u>ASU Wellness</u> <u>Sexual Violence</u>, <u>ASU Wellness Healthy Relationships</u>, <u>ASU Sexual Violence Awareness</u> and Response and Sun Devil Movement for Violence Prevention.



If Your Friend Has Experienced Sexual Assault

Believe your friend. Listen and comfort without taking control. Encourage your friend to seek medical attention and counseling. Sexual assault can happen to anyone. Learn what to do <u>if someone you know has experienced sexual violence</u> and <u>if you've experienced</u> <u>sexual violence</u>. Discover how you can take action to raise awareness about sexual <u>violence</u> and <u>how to take action to stop sexual violence in its tracks.</u>



Wellness Activities & Events

3/30 – 4/3, Wellness Week, Tempe 3/30 – 4/3, Consent Week 2015, Tempe 4/1 – 4/30, ASU Sexual Assault Awareness Month 4/1 – 4/30, ASU Asian Pacific Heritage Month 4/1 Spa Night, Polytechnic 4/3 Take Back the Night, Downtown Phoenix



Well Devils Resources

ASU Counseling Services ASU Health Services ASU Sexual Violence Awareness and Response ASU Wellness Sun Devil Movement for Violence Prevention Sun Devil Fitness

*The Well Devils Update is produced by <u>ASU Wellness</u>. For additional information, contact 480.965.4721 or email <u>wellness@asu.edu</u> **To unsubscribe to the Well Devils Update, please send an email request to <u>wellness@asu.edu</u>.



