

Well Devils Update

March 23, 2015

Sun Devils are Well Devils



Well Devils – Volunteer

Volunteering benefits your community and enables you to connect with others, enhances your physical and mental health and provides professional development. Research, sign-up and participate in volunteer opportunities with other Sun Devils at volunteer.asu.edu.



Is This Ok?

Respect your partner. Talk about what you both want to do. Get consent. Characteristics of healthy relationships include respect, trust, honesty, communication, equality, boundaries, self-esteem and support. Learn more about [Healthy Relationships](#) and [Sexual Consent](#).



Wellness Activities & Events

- [3/23 Meditation Monday, ASU West](#)
- [3/24 Farmers Market @ ASU Tempe](#)
- [3/26 Just Gender Film Screening, ASU West](#)
- [3/27 Money Skills in Your First Job Workshop, Polytechnic](#)
- [3/28 Devils in Disguise Day of Service, All ASU Locations](#)
- [3/28 Night of the Open Door, ASU West](#)



Well Devils Resources

- [ASU Counseling Services](#)
- [ASU Health Services](#)
- [ASU Wellness](#)
- [Sun Devil Dining](#)
- [Sun Devil Fitness](#)
- [Volunteer @ ASU](#)

*The Well Devils Update is produced by [ASU Wellness](#). For additional information, contact 480.965.4721 or email wellness@asu.edu

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