Well Devils – Have a Safe and Healthy Spring Break
Most (56%) ASU students plan to spend Spring Break in Arizona. Spring Break provides an excellent opportunity to rest, relax and recommit to wellness. Learn more at ASU Wellness Safe & Healthy Spring Break.

Who is the Designated Driver?
82.6% of ASU students use a designated driver when they drink (most of the time or always). Plan ahead. Pick a driver. Stay together. Learn more at ASU Wellness Alcohol & Other Drugs.

Wellness Activities & Events
3/1 – 3/31 ASU Celebrates Women’s HERstory Month
3/1 – 3/19 Register for Mar. 21 Out of the Darkness Suicide Prevention Campus Walk
3/1 – 3/6 ASU Safe and Healthy Spring Break Programs
3/1 – 3/7 Peace Corps Week @ ASU
3/2 Step Up! ASU Students - Bystander Intervention Program
3/5 & 3/7 Sun Devil Men’s Basketball Final Home Giveaway Games

Well Devils Resources
ASU Counseling Services
ASU Health Services
ASU Wellness
Safe & Healthy Spring Break 2015
Sun Devil Dining
Sun Devil Fitness

*The Well Devils Update is produced by ASU Wellness. For additional information, contact 480.965.4721 or email wellness@asu.edu
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