Sports Medicine

Sports Medicine Specialists at ASU Health Services provide evaluation, diagnosis, and treatment of injuries and pain from sports, exercise, and daily activities. Preventive care is also promoted through pre-participation physicals, and through consultations to discuss wellness or performance goals. On-site resources include digital X-ray, musculoskeletal ultrasound, ImPACT testing, and laboratory testing.

**Conditions commonly treated and services provided:**

- Joint sprains and dislocations (including dislocation reductions)
- Joint swelling (including joint aspirations and injections)
- Muscle strains
- Fractures and stress fractures (including fracture reductions and casting)
- Concussion
- Neck and back pain
- Extremity numbness and weakness
- Myofascial pain (including trigger-point injections)
- Relative energy deficiency in sports (recurrent injury, poor performance, or disordered eating related to sports)
- Exercise induced asthma
- Return to sports and exercise guidance following medical conditions
- Pre-participation physicals for club sports and ROTC
- New exercise plan counseling and exercise prescription
- Nutrition counseling
- Physical therapy referral
- Surgical referral

Sports medicine is conveniently located on the first floor of the ASU Health Services Building on the Tempe campus.

Schedule your Sports Medicine appointment through your patient portal by clicking [here](#) or by calling 480-965-3349.

We look forward to supporting and enhancing your sports, exercise, and movement goals.