

September 2, 2014

Sun Devils are Well Devils



Well Devils – Communicate About Consent

Healthy relationships start with respect. Communicating about consent is an important component of respect. Be sure to have verbal consent before engaging in any sexual acts. Sexual violence is sexual contact without consent. Learn more at <u>ASU Wellness</u> <u>Sexual Violence</u>, <u>ASU Wellness Healthy Relationships</u> and <u>ASU Sexual Violence</u> <u>Awareness and Response</u>.



If Your Friend Has Experienced Sexual Assault

Believe your friend. Listen and comfort without taking control. Encourage your friend to seek medical attention and counseling. Sexual assault can happen to anyone. Learn what to do <u>if someone you know has experienced sexual violence</u> and <u>if you've experienced</u> <u>sexual violence</u>. Discover how you can <u>take action to raise awareness about sexual violence</u> and <u>how to take action to stop sexual violence in its tracks.</u>



Wellness Activities & Events

<u>9/2 – 9/5 Wellness Week, Tempe</u>
<u>9/2 – 9/5 Consent Week, Downtown Phoenix</u>
<u>9/2 – 9/7 Traffic Skills 101 Registration, Tempe</u>
<u>9/3 Wellness Fair, Polytechnic</u>
<u>9/3 Night at the Spa, Downtown Phoenix & ASU West</u>
<u>9/4 – 9/7 Consent Week Fall 2014: Tempe, Polytechnic</u>



Well Devils Resources

ASU Sexual Violence Awareness & Response ASU Counseling Services ASU Health Services ASU Wellness Sun Devil Fitness Well Devils

*The Well Devils Update is produced by <u>ASU Wellness</u>. For additional information, contact 480.965.4721 or email <u>wellness@asu.edu</u> **To unsubscribe to the Well Devils Update, please send an email request to <u>wellness@asu.edu</u>.



