

Well Devils Update

November 24, 2014

Sun Devils are Well Devils



Well Devils – Volunteer

Volunteering benefits your community and enables you to connect with others, enhances your physical and mental health and provides professional development. Research, sign-up and participate in volunteer opportunities with other Sun Devils at volunteer.asu.edu.



Want to Have More Time?

Create a to-do list and a daily schedule. For more time management tips, visit [Study Guides and Strategies](#) and [How-To-Study](#). For tutoring, test taking and writing support, visit [University Academic Success Programs](#).



Wellness Activities & Events

[11/24 Registration deadline for Nov. 27 ASU Thanksgiving Dinner, Tempe](#)
[11/24 – 12/7 Register to Attend December Traffic Skills 101, Tempe](#)
[11/24 & 11/25 Step Up! ASU Students Training, Tempe](#)
[11/26 – 11/30 Sun Devil Dining Thanksgiving Break Hours, Campus-wide](#)
[11/27 ASU Off-Campus Student Services Thanksgiving Dinner, Tempe](#)



Well Devils Resources

[ASU Counseling Services](#)
[ASU Health Services](#)
[ASU Wellness](#)
[Sun Devil Fitness](#)
[University Academic Success Programs](#)
Volunteer.asu.edu

*The Well Devils Update is produced by [ASU Wellness](#). For additional information, contact 480.965.4721 or email wellness@asu.edu

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