

Well Devils Update

November 17, 2014

Sun Devils are Well Devils



Well Devils – Live and Breathe Tobacco-free

On Aug. 1, 2013, ASU joined 800 colleges and universities in protecting its students, faculty, staff and visitors from the health hazards of secondhand smoke. Learn more about [ASU Tobacco-free](#) and [review quit resources for students](#).



Choose Not to Smoke

There really is no safe amount of smoking. A little smoking could become an addiction and [second hand smoke is dangerous](#). To learn more, visit [ASU Wellness Tobacco & Hookah](#) and research tobacco and smoking on the [ASU Health Services Patient Portal](#).



Wellness Activities & Events

[11/17 – 11/24 Register for the November 27 ASU Thanksgiving Dinner, Tempe](#)
[11/18 Farmers Market @ ASU Tempe](#)
[11/18 Fall 2014 Sexual Assault Prevention and Response Panel, Downtown Phoenix](#)
[11/19 It's Your Money Financial Wellness Workshop, ASU West](#)
[11/20 American Cancer Society, Great American Smokeout](#)
[11/21 Last Day of the Sun Devil Fitness Cardio Challenge, Campus-wide](#)



Well Devils Resources

[ASU Counseling Services](#)
[ASU Health Services](#)
[ASU Tobacco-free](#)
[ASU Wellness](#)
[Sun Devil Fitness](#)
[Well Devils](#)

*The Well Devils Update is produced by [ASU Wellness](#). For additional information, contact 480.965.4721 or email wellness@asu.edu

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