

Well Devils Update

SEPTEMBER 20, 2015

SUN DEVILS ARE WELL DEVILS



Well Devils –Take the Personal Wellness Profile

Are you eating healthy or getting enough exercise? Assess your health, learn about wellness resources and review what preventive actions you can take to achieve and maintain optimum health. Take the free, online [Personal Wellness Profile](#) today.



See and Be Seen

Wheel Devils look for stop signs and traffic lights. Come to a complete stop. Go when it's your turn. For more [bicycle safety tips](#), visit [Wheel Devils](#) and bike.asu.edu.



Wellness Activities & Events

[9/23 Money Management Financial Wellness Workshop, Polytechnic](#)

[9/23 Career Development & Leadership Bootcamp @ West](#)

[9/23 Compassion in the Face of Terror Talk, Tempe](#)

[9/25 – 9/26 ASU Family Weekend](#)

[9/25 MU After Dark: Family Weekend – Big Hero 6](#)

[9/26 Devils on Mill & ASU vs. USC Maroon Monsoon, Tempe](#)



Well Devils Resources

[ASU Counseling Services](#)

[ASU Family Weekend](#)

[ASU Health Services](#)

[ASU Wellness](#)

[Sun Devil Fitness](#)

[Wheel Devils](#)

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