

# Well Devils Update

SEPTEMBER 13, 2015

SUN DEVILS ARE WELL DEVILS



## Well Devils –Join a Sport Club or Intramural Team

Joining a [sport club](#) or [intramural team](#) is a great way to exercise, meet new people, improve your athletic skills and reduce stress. Visit [Sun Devil Fitness](#) to learn more.



## Go with the Flow

Bike in the same direction as traffic, with or without a bike lane. See and be seen. For more [bicycle safety tips](#), visit [Wheel Devils](#) and [bike.asu.edu](#).



## Wellness Activities & Events

9/14 – 9/17 Consent Week Fall 2015, [Tempe](#) & [Polytechnic](#)  
[9/14 – 9/17 Career Week, Tempe](#)  
[9/15 – 10/15 ASU Celebrates Hispanic Heritage Month](#)  
[9/15 Scientology's Dirty Tricks – Then and Now, Downtown Phoenix](#)  
[9/17 Night at the Spa, West](#)  
[9/18 Devils on Mill](#) and [ASU vs. New Mexico Whiteout, Tempe](#)



## Well Devils Resources

[ASU Counseling Services](#)  
[ASU Health Services](#)  
[ASU Wellness](#)  
[bike.asu.edu](#)  
[Sun Devil Fitness](#)  
[Wheel Devils](#)

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