

# your one-stop health center

quality | convenience | affordability

## Services offered at all locations:

- Walk-in clinic appointments
- Same day and scheduled appointments
- Smoking cessation
- Travel medicine
- Vaccines
- Laboratory

## Services offered at the Tempe (University and Palm Walk) location:

- Acupuncture
  - Allergy Shots
  - Chiropractic care
  - Massage therapy  
(Also offered at the Polytechnic campus)
  - Nutritional counseling
  - X-ray
- Specialists in:**
- Otolaryngology  
(Ear, Nose and Throat)
  - Gynecology
  - Orthopedics
  - Rheumatology
  - Sports Medicine  
(Also offered at the Polytechnic campus)
  - Neurology
  - Physical Medicine and Rehabilitation

## Scheduling an appointment made easy:



### Walk-ins welcome

Visit the health services center on your campus.



### Phone appointments

Call **480-965-3349** to schedule an appointment.



### Online appointments

Visit [eoss.asu.edu/health](http://eoss.asu.edu/health) to schedule an appointment.

## When setting your appointment, be ready to provide:

- Your name
- ASU ID number
- Your date of birth
- Physician/NP who regularly sees you at the center, if known
- Insurance information
- Nature of the health issue

## Online patient portal

The NextMD Patient Portal allows you to:

- Schedule your appointment online
- Send and receive secure messages with your ASU Health Services provider
- Refill Prescriptions
- Answer billing questions
- Access your medical records 24/7
- Get accurate and helpful health information by accessing the Research Center

Sign in through My ASU



### ASU Health Services – Downtown Phoenix College of Nursing and Health Innovation 602-496-0721

#### Year Round Hours:

Mon. – Fri.: 8 a.m. – 1 p.m. and 2 – 5 p.m.

#### Location:

College of Nursing & Health Innovation Building  
500 N. 3<sup>rd</sup> Street, Suite 155, Phoenix, AZ 85004

### ASU Health Services – Polytechnic

480-727-1500

#### Year Round Hours:

Mon. – Fri.: 8 a.m. – Noon and 1 – 5 p.m.

#### Location:

Adjoined to Sun Devil Fitness Complex  
7332 E. Sun Devil Mall, Mesa, AZ 85212

### ASU Health Services – Tempe

480-965-3349

#### Semester Hours:

Mon. – Fri.: 8 a.m. – 6 p.m.

Sat.: 10 a.m. – 2 p.m.

#### Summer Hours:

Mon. – Fri.: 8 a.m. – 5 p.m.

#### Location:

Corner of University Drive and Palm Walk  
451 E. University Dr., Tempe, AZ 85287

### ASU Health Services – South

480-965-3349

#### Semester Hours:

Mon. and Fri.: 8 a.m. – 5 p.m.

Tues., Wed. and Thurs.: 9 a.m. – 6 p.m.

#### Location

Sonora Residence Hall  
1480 S. Rural Rd., Room A21, Tempe, AZ 85281

### ASU Health Services – Sun Devil Fitness Complex

480-965-3349

Providing Sports Medicine and Primary Care Services

**Hours of Operation:** View [eoss.asu.edu/health](http://eoss.asu.edu/health)

#### Location:

Sun Devil Fitness Complex Room 130  
400 E. Apache, Room 130, Tempe, AZ 85281

### ASU Health Services – West

602-543-8109

#### Year-round Hours:

Mon. – Fri.: 8:30 a.m. – 12:15 p.m. and 12:45 – 5 p.m.

#### Location

University Center Building, Room 190  
4701 West Thunderbird Rd., Glendale, AZ 85306

### ASU Health Services Billing Department

480-965-3349

#### After Hours

On call medical provider: **800-293-5775**

# ASU Health Services

excellence in healthcare

A member of the Mayo Clinic Care Network.



# A member of the Mayo Clinic Care Network, ASU Health Services provides excellence in healthcare

As the first and only university health center in the nation to partner with the Mayo Clinic Care Network, ASU Health Services is dedicated to the well-being and educational success of each student, and offers:

- Board-certified physicians and nurse practitioners
- Certified providers in Sports Medicine, Emergency Medicine, Orthopedics, Family Medicine, Gynecology, Internal Medicine, Otolaryngology (Ear, Nose and Throat), Rheumatology, Neurology, Physical Medicine and Rehabilitation.
- On-site X-ray and lab services
- Convenient locations on the Downtown Phoenix, Polytechnic, Tempe and West campuses

## Insurance companies contracted with ASU Health Services:

- Aetna
- Arizona Foundation
- Blue Cross/Blue Shield
- CIGNA
- Community Health Plan
- Great West
- Health Net
- Humana
- Lewer
- MultiPlan
- United HealthCare

Insurance information is subject to change. Visit [eoss.asu.edu/health](http://eoss.asu.edu/health).

## Need Dental Care?

Vital Savings<sup>SM</sup> is a discounted dental plan offered through Aetna Insurance. For an annual rate of \$25 you can enroll in this plan and receive a discount on your dental services. To learn more about the program visit [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com).

Under the heading School, click on "Find Your School" and enter ASU. Choose Dental Discount Plans under Plans and Programs Available to you. Review DocFind<sup>®</sup> to find dentists in your area and enroll online!

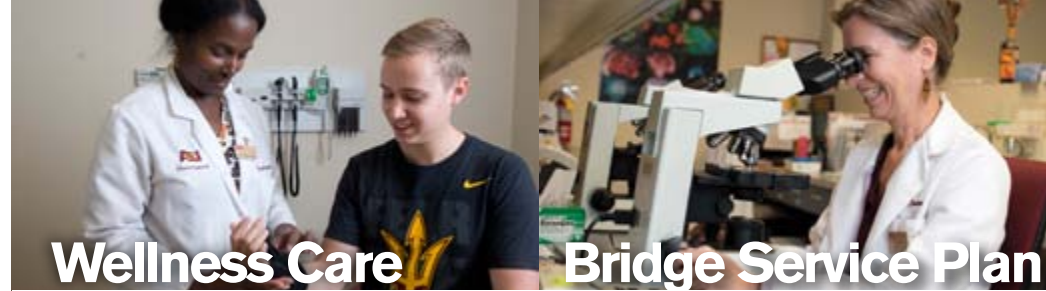
Note: You do not have to be a member of the Aetna Student Health Insurance to participate in the dental discount program.

## Online patient portal

The NextMD Patient Portal allows you to:

- Schedule your appointment online
- Send and receive secure messages with your ASU Health Services provider
- Refill Prescriptions
- Answer billing questions
- Access your medical records 24/7
- Get accurate and helpful health information by accessing the "research center"

Sign in through My ASU



Incorporate wellness services into your overall plan for healthy living. ASU Health Services has a wide range of wellness services to enhance your college experience. This affordable package has been developed to help you incorporate wellness into your life. ASU Health Service's affordable wellness care package offers **massage, chiropractic, acupuncture** and **nutrition** services. The Wellness Care Package is affordable and available to all ASU students, faculty and staff.

## Wellness Care Package Savings

### Cost Comparison

TYPE OF SERVICE	WITHOUT WELLNESS CARE PACKAGE	WITH WELLNESS CARE PACKAGE
Acupuncture	\$50	\$35
Chiropractic	\$50	\$30
Massage - 80 mins.	\$60	\$30
Massage - 50 mins.	\$45	\$25
Massage - 20 mins.	\$25	\$15
Nutrition	\$52	\$30

Wellness care package costs \$90 per semester.

Students who enroll in the Wellness Care Package and use all of the above services can save up to \$117.

## Additional Benefits

- Free Wellness Profile from Wellness and Health Promotion
- Free Initial Nutrition Consultation (Valued at \$104)
- 10% discount for the Counseling and Consultation wellness workshops (not including "Turn It Around" workshop)
- You will be automatically re-enrolled in this plan for future semesters

To select the Wellness Care Package or Bridge Service Plan, complete the enrollment form, or enroll online. Rates are subject to change. Visit [eoss.asu.edu/health](http://eoss.asu.edu/health).

Reduce your total healthcare costs for services. Students enrolled in the Bridge Service Plan receive quality low-cost **primary, women's health, lab, basic X-ray** (Tempe only) and/or **consultation** with an on-campus specialist. The Bridge Plan will allow students, who are considered "out of network" by their current insurance provider, to receive on-campus health services at a low cost without high deductibles.

## Bridge Service Plan Savings

### Cost Comparison

TYPE OF SERVICE	WITHOUT BRIDGE SERVICE PLAN	WITH BRIDGE SERVICE PLAN
General Medical Visit	\$31 - \$104	\$10/visit
Specialist/Consultant	\$41 - \$190	\$30/visit
Counseling	\$20 - \$190	\$15/visit
Basic X-ray	\$20 - \$60 each	\$20/day
Laboratory	\$3 - \$200	\$20/day

Bridge Service Plan costs \$129 per semester.

The Bridge Service Plan covers students regardless of the number of visits. All tests/exams must be ordered by ASU Health Services.

## Additional Benefits

- Counseling Services offers time-limited, couples to group counseling and case management services.
- Physical Therapy located in the Sun Devil Fitness Complex (SDFC), room 124A and at the SDFC on the Polytechnic campus. To schedule an appointment call **480-829-0217**.
- Audio logical Evaluation hearing assessment for \$30.
- After-Hours Medical Advice: **800-293-5775**. A medical provider is on call 24 hours a day, seven days a week.

# Enrollment Form



Wellness Care Package (\$90 per semester)

Bridge Service Plan (\$129 per semester)

Name \_\_\_\_\_ DOB \_\_\_\_ / \_\_\_\_ / \_\_\_\_

ASU ID# \_\_\_\_\_

Local Address (Arizona) \_\_\_\_\_

Phone Number \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Please check initial coverage period

Aug. 16 – Jan. 3

Jan. 4 – Aug. 15

## Payment Option

Bill ASU Student Account

Check

NOTE: Please make check payable to Arizona State University.

Drop off completed application at any ASUHS location or send to:

## ASU Health Services

Arizona State University  
PO Box 872104  
Tempe, AZ 85287-2104  
Fax: 480-965-0734

I understand that the Bridge Service Plan is not an insurance policy and only covers services at select ASU Health Services locations.

I understand that I will be automatically re-enrolled in the Wellness Care Package and/or Bridge Service Plan for future semesters. The charge will be billed to my ASU account.

I understand I may withdraw from the Wellness Care Package up to two weeks from the start of the coverage period by notifying ASU Health Services in writing.