Changing the Conversation About Mental Health
A Night With Alison Malmon

Monday, March 16
6 p.m.
Memorial Union
Pima Auditorium

Register at links.asu.edu/activeminds

Alison Malmon is the founder and Executive Director of Active Minds, and a sought-after mental health expert. Alison Malmon defines herself as a sister first. When her big brother Brian died by suicide during her freshman year of college, Alison was devastated—and was left with more questions than answers. Why him? Why hadn’t she known how much he was struggling?

Turning tragedy into action, she started a group on her campus at the University of Pennsylvania to give students like herself the platform and tools to change the conversation about mental health. Now, more than 15 years later, Alison has cultivated that small student group into the internationally recognized nonprofit organization Active Minds.

Alison shares her story to inspire others to speak out and be heard, to not suffer in silence and to help fight the stigma surrounding mental illness, and continues to inspire audiences with her story and calls to action.